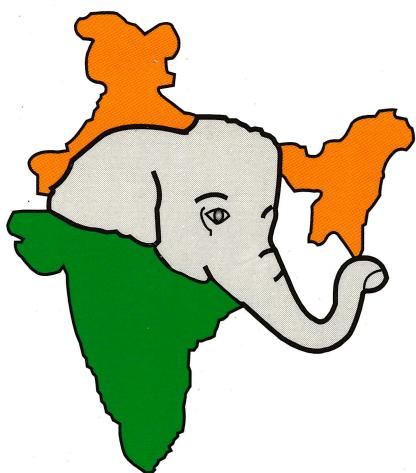


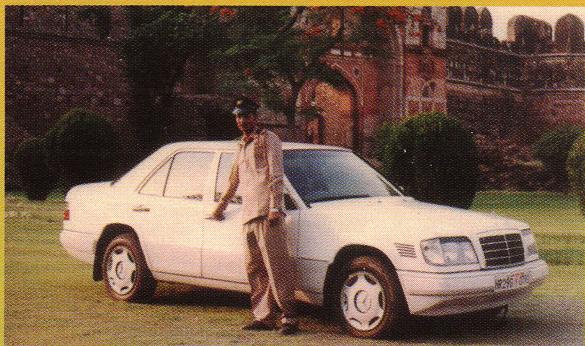
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Delhi Network

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Office Manager	Sandra Buhler (Office 679-1234 ext. 1505)	614-3115
Programs/Social	Jackie van Ommen Symran Wasser	680-2136 9810092725

Delhi Network is a non-profit organisation whose main purpose is to support the expatriates living and working in New Delhi. Everyone on the Board and the committees volunteer their time.

In this issue

From Your President	2
Neighbourhood Co-ordinators	3
Dates for Your Diary	5
Sharon Lowen	7
Shop 'Til U Drop	9
Things My Mother Should Have Told Me	11
Easter	12
A Child's View of Marriage	14
Live For Gujarat	15
Something To Do	16/17
Geisha, A Japanese Tradition	19
Delicious Thai Food	20
Computer Page	21
Notice Board	22
The Black That Glitters	23
Fashion: Desert Storm	24
Cats Lead Way	24
Sports	26
How to Draw a Panda	27
Services	28

Dear Delhi Network Members.

Unfortunately I am unable to continue editing this News Letter, Laura Jorgensen and Shelley Tait have kindly offered to cover short term. Hopefully among you there will be a keen volunteer to take over the role of Editor.
(No Editor means no Newsletter)

Editing the newsletter to me was a most rewarding occupation. It was a great thrill for me actually seeing my first effort in print. It is quite surprising what you can achieve when you set your mind to it.

Thank you for your support,

DEADLINE to submit for April 17th issue.

Articles, notice board etc: Friday 6th April
Advertisements March 31st
Thank you Kathy

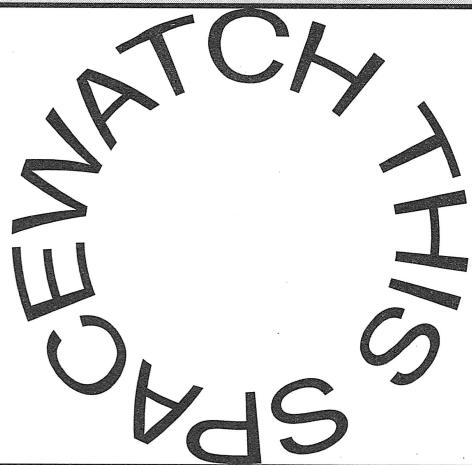
Delhi Network meetings are held on the third Tuesday of every month at 10 a.m. at the Hyatt Regency Hotel. Entrance to a meeting is Rs 150 for members and Rs 200 for non-members. Annual membership is Rs 300. You can become a member at any monthly meeting or at the Delhi Network office.

Delhi Network Handbooks are available for purchase at all meetings or at the office: cost Rs 300 for members and Rs 400 for non-members.

The Delhi Network office is located in the Hyatt's Shopping Arcade. The Office Manager is Sandra Buhler. Office hours are 10 am to 2 pm, Monday to Friday. Stop in for free advice, a newsletter or a Delhi Network Handbook if you missed the last meeting, or to drop off your newsletter contributions. We are seeking volunteers to work in the office. If you're interested (and it is a good way to meet new people), contact Sandra.

Delhi Network does not necessarily endorse or recommend the businesses advertised in this newsletter and the Board claims the right to refuse any advertisers who have had several complaints made against them by our members.

From Your President



Hi to all Delhi Net. members this will be the last time I shall have my say at the start of the monthly newsletter.

Firstly I would like to say how much I have enjoyed being part of Delhi Network and how very kind you have all been during the year with your positive remarks about the running of our Group. I must give thanks to all our committee members who have worked so hard to make Delhi Network a success this year.

Our Programme Co-coordinators, the ladies who arrange our monthly speakers, Symran Wasser and Jackie Van Ommen, Jackie has a great deal of knowledge, having been in Delhi for a lot longer than I have, and Symran, who the previous year held the position of Treasurer, both very able and easy to work with individuals.

Anita Reid, our Treasurer, growing larger by the day now, she won't I'm sure mind this remark the plan has been to increase the family and this she is achieving, blooming is the English word used for her condition. A very able Treasurer.

Minnie Butalia the lady who knows everything there is to know about charitable organisations in Delhi. This lady visits, prisons, orphanages, medical centres, anything that exists on charity, she seeks out particular small groups that do not have much help and reports back to us, at our committee meetings and advises the course of action that should be taken to aid these groups.

Sandra Buhler, our Office Manager who is run ragged trying to keep the office manned, not as easy as you would think, even with our comprehensive list of volunteers, we are always going somewhere or doing something to prevent us filling that all important gap on the rosta. We have another Sandra, Sandra Fruhstuck who covers when necessary to keep the office running as smoothly as possible.

Sue Kalirai, our lady who knows all and deals so well with newcomers, and is constantly cheerful and very positive, Matsumi Soejima who assists Sue and is again a cheerful and friendly person, which is what is needed for the newcomer coffee mornings.

Kathy Pritchard, our Editor who throughout the year has worked very hard at producing a top of the range newsletter, we thank her very much.

It must be remembered that no one has had previous experience of the jobs they have carried out this year, and I for one would not have a clue where to start with producing anything like our monthly newsletter.

Finally our very able Vice President Jeannine Grant, last but not least, what a very able lady, I have on many occasions been so thankful that she was there to jog my memory. We have, I feel had a super year together. Her very capable handling of the vendors we have each month, trying to achieve a balance each time to avoid too much repetition. I have made a very good friend in meeting her here in Delhi.

There has been no particular order to the above, we have been a group who I feel have worked well together and enjoyed it. What more can you ask.

I shall certainly miss you all.

Love Brenda.

Neighbourhood Co-ordinators

Your co-ordinator is here to help you settle into your new home. Give her a call and introduce yourself and find out who else lives in your area and when the next meeting is going to be held.

AREAS	CO-ORDINATOR	PHONE	Support Groups by Nationality
Vasant Vihar/ Vasant Kunj	Nora Twycross	612-2318	American Women's Association (AWA): American passport holders or their spouses can join. Call the AWA office at 419-8000 ext. 4131 or 8509 between 9 am and 4.30 pm Mon-Fri. Talk to Barnali or an AWA officer.
West End/Shanti Niketan/ Anand Niketan/Aradhana Enclave/Safdarjung Enclave	Vacant		Australia and New Zealand Association: Call Christine Evans on 687-6605 or Ingrid Crookshanks, 680-4586
Chanakyapuri Barakamba Road	Bernadette MacDonald-Raggett	687-2161 Ext: 2328	British Expats Group: Contact Sylvia Johnson on 460-3851.
Greater Kailash I & 2 Neeti Bagh/Gulmohar Park Defence Colony/Udai Park Anand Lok	Kate Schaller	464-5154	Nederlandse Vereniging New Delhi: Organiseert diverse evenementen en een maandelijkse borrel. Als je lid wilt worden, of gewoon informatie wilt, bel Wilbert Husselman op 4465-4048 (res), of Patrick Anthnio, 680-7990
Jorbagh/Golf Links/Sunder Nagar Prithviraj Road/Aurangzeb Rd.	Judit Stowe	9811210438	NORA (Nordic Association) Contact names: Eva Dieder (Sweden) 687-5760 Anne Laipil (Finland) 614-4602 Kirsten Callinggaard (Denmark) 689-2401
Panshcheel Park/ Haus Khas/ Green Park/Padmini Enclave/ Shivalik Navjivan Vihar/ Qutab Enclave/Mayfair Gardens/ Sarva Priya Vihar	Risham Chawla	649-7025	DUTCH SPEAKING Community Coffee morning third Wednesday of each month. Contact: Sari Roels 688-7889
New Friends Colony/ Friends Colony East/ Friends Colony West Maharani Bagh	Trudy Brasell-Jones	632-3422	CHATTAPUR Chatters Has a neighbourhood coffee morning first Monday of the Month. From 10 -Noon Contact: Sue Kalairai 680-5672 Or 98101-62272
Sainik Farms	Vacant		
Chattarpur/Jonapur/Gadaipur	Susan Kalirai	680-5672 98 101 62272	
Bijwasan/Rajokri/Supriya Vihar Gurgaon	Alicia Odedra	506-4777	
For more information, please contact Jackie van Ommen on 680-2136.			

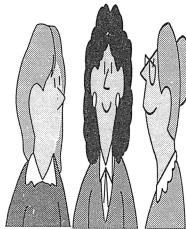
Please, we need your contributions for the newsletter.
Send them to Shelley Tait
at taitd@ndf.vsnl.net.in

THERE ARE STILL 2 VACANCIES FOR NEIGHBOURHOOD LEADERS. IF ANYONE WOULD LIKE TO VOLUNTEER , PLEASE CONTACT JACKIE VAN OMMEN OR BRENDA BEARDS FOR MORE INFORMATION.

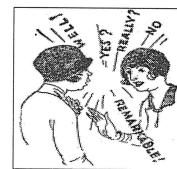
Dates for Your Diary

Tuesday March 20 (Annual general Meeting) Delhi Network Meeting

Speaker: Gita Kapoor
Topic: ``The Chinese art of **Feng Shui** of which she is a Master. Come and find out about how you can get balance into your life.



Tuesday 17th April Delhi Network Meeting Hyatt Regency 10—12



Programme:
Understanding Classical Indian Dance
With Sharon Lowen
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See page 7 for further details

Thursday March 22nd

Glimpses of India lecture

Venue: Hall of Peace (Middle School Multi purpose room).
American Embassy School. Entrance-gate # 2.
Time: 7.30-9.00pm.
Speaker : Dr. Jutta Jain-Neubaur.

Topic :
The Step wells of Gujarat (slide presentation)

CHATTAPUR Chatter's Monday April 2nd 10—12

Meeting at Cheryl McGuinness's
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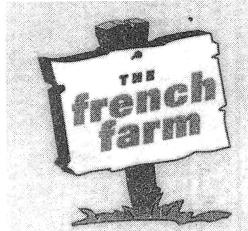
Easter holiday

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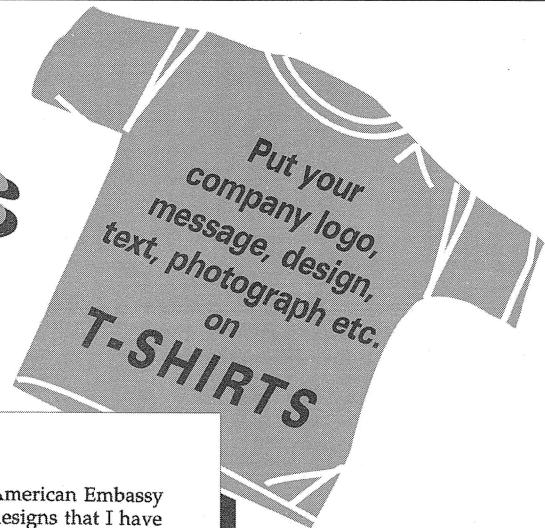
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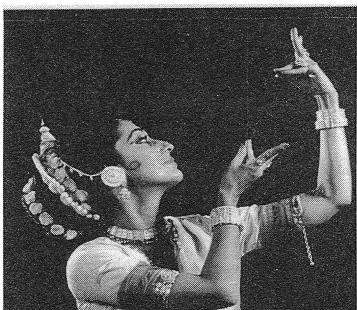
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Sharon Lowen

Sharon Lowen is a renowned artist of Odissi, hailed by critics and connoisseurs for her perfection of style, grace, and superb abhinaya. Her performances are spiritually rich and of high aesthetic order.

Sharon has received her training in Odissi since 1975 from Padmabhushan Kelucharan Mohapatra, the undisputed master and architect of the contemporary Odissi repertoire. Sharon has bridged cultures performing extensively throughout India and the U.S.A. as well as Canada, Mexico, Indonesia, Africa, England and the Middle East.

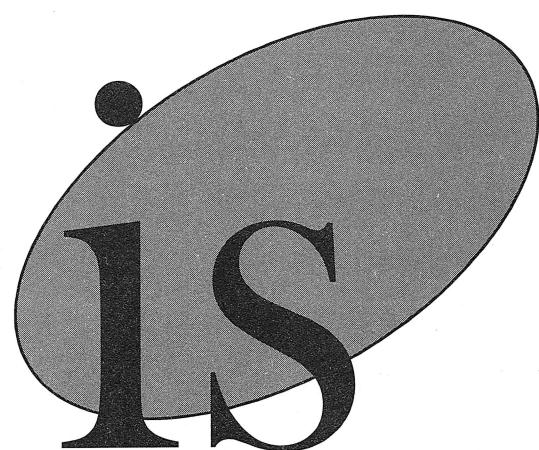
Sharon has received many awards and honors, including the Government of India's *Acharya Narendra Dev Sarokar Samajic Samman* presented by the Prime Minister of India in 1991 and the Delhi Sahitya Kala Parishad's *Parishad Samman '92* for her Outstanding Individual Contribution to Indian Arts.

Besides performances throughout India and abroad, Sharon has performed and choreographed for film and television in India, U.S.A., England, Spain and Africa. Sharon was featured as herself in the best Telugu film of 1988, *Swarna Kamalam* (Golden Lotus) directed by K. Viswanath to inspire the heroine to value her own Indian dance heritage. Sharon has been featured on national and international television channels.

A Fulbright and American Institute of Indian Studies Smithsonian scholar with an M.A. in Dance from the University of Michigan, Sharon has contributed to improving the appreciation and understanding of Indian dance traditions, both here and abroad, with scholarly articles and hundreds of lecture-demonstrations and concerts at universities, schools, museums and art centres and as a visiting professor at universities in the United States and India. She convened the Delhi Sahitya Kala Parishad's *Videshi Kalakar Utsav*, an annual festival and seminar of dance and music by artists from outside India, for six years along. She currently is honorary director and president of Manasa: Center for Art Without Frontiers to promote excellence and understanding of visual and performing arts. She is also active in several N.G.O.'s working with children. In addition to Odissi, Sharon has taken extensive training in Manipuri Dance since 1969, Mayurbhanj Chhau since 1975 and Seraikella Chhau since 1981.

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In order to keep our Committee working and ready to help the many in need, we will gladly accept any **DONATIONS** of adult and children's clothes and/or shoes, linens, toys, games and **ANY** household items and appliances—even the little shampoo, soap & cosmetics you might have picked up from a hotel or plane trip.

We recognize that many regular donors have been recently sending donations to help the earthquake victims in Gujarat, which is great. However, if you have things that cannot easily be sent to Gujarat and are cleaning house for another international move this summer, please don't forget that we'll accept **ALL DONATIONS**.

You may drop your donations at the American Embassy CLO, or call the AWA office (419-8509) and arrange to have them picked up from your home.

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THINGS MY MOTHER SHOULD HAVE TOLD ME

The following 'gems of information were taken from:

"The best of Good Housekeeping " 1922-1940.



Measuring Butter. : Half a cupful of butter is given in many recipes. The quickest way to arrive at this is to fill the measuring cup half full of water, and then drop in the butter until the water rises to the top. Drain off and half a cupful will remain. This takes far less time than to pack the butter down into the cup; it also saves the butter sticking to the sides of the cup.

Make Your Flowers Last: plunging the stems into boiling water may often revive drooping flowers. When the water is cold, cut a small piece off the stems, and arrange the flowers in fresh cold water. If a piece of charcoal is added to the water in which flowers stand, it will help to preserve their freshness. Salt is also good for roses.

Peeling Oranges: Soak oranges in boiling water to cover, setting them stand for five minutes. You will find that the white pithy parts will come off quite easily with the skin, and the orange is left clean for slicing.

To Remove A Dent In Furniture: Make a pad with about 6 folds of thick brown paper, and soak it in water. Lay this on the injured part and apply a hot iron, pressing on it until all the moisture has evaporated. Moisten the paper again and repeat the process if necessary, to raise the bruise level with the surface.

When Travelling: When packing your travelling case for a night on the train or boat, put in a tube of good shaving soap instead of the usual cake of soap. Besides not having a wet cake of soap to repack, you will find that the shaving soap lathers and cleanses so much better if the water is hard.

A Substitute Hot Water Bottle!!! When a hot water bottle is unavailable, and one is needed in an emergency, try the following. Place an old magazine in the oven until thoroughly heated, and then wrap it in a piece of flannel. It makes a good substitute, being light and pliable, and retaining its heat for a long time. To heat the magazine quickly, open it in a number of places, and roll some of the pages to hold it open.

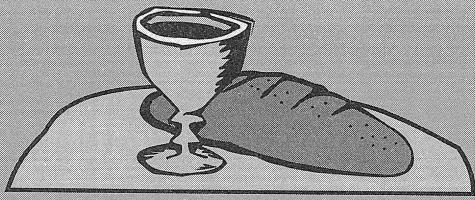
An Emergency Sleeve Board: An old cricket bat makes a splendid emergency sleeve-board if it is covered with a piece of old blanket and a piece of sheeting.

Boiling Cracked Eggs: Cracked eggs can be boiled without the loss of any of the egg if the following method is adopted: Add a tablespoon of salt to the water in which the egg is boiled, rub the crack well with salt, and put the egg at once into the fast-boiling water. The white of the egg will not ooze out nor the crack become larger.

To Remove The Smell Of Paint: Slice up sufficient onions to cover a dinner plate and place in the room for 24 hours. The onions must then be destroyed, as they are poisonous if used for food.

Contributed by J Grant

EASTER



This year Easter is on 23 April, last year it was 4 April and next year it will be 15 April. Indeed, Easter can fall anywhere between 22 March and 25 April inclusive, a possible five weeks' difference between one year and another. Many bodies, especially those concerned with tourism and education, have asked the government (UK) to put an end to this confusion and it does in fact have the power to do so under a 1928 Act of Parliament.

Under the terms of the Easter Act, Easter Day would be celebrated on the first Sunday after the second Saturday in April between 9 April and 15 April; just as May Day is now the first Monday in May, between 1 May and 7 May.

It only requires an Order in Council to make this law - when all the churches agree. But there's the problem because, despite more than 70 years of discussion, they cannot agree. Yet most of the church groups involved individually declare themselves to be in favour of a fixed Easter.

The Vatican Council approved a resolution several years ago to work for a fixed Easter, with 2,154 voting in favour and only 21 against. In 1979, the Pope included the fixing of Easter as part of his discussions with the Ecumenical Patriarch

Demetrios I, head of the Orthodox Churches.

The World Council of Churches polled its members and recorded an overwhelming majority of a fixed Easter.

So why has nothing happened? No-one really seems to know. Thus the *status quo* remains and what a strange one it is, for although the rest of our seasonal timing is based on the sun, Easter continues to be calculated according to the phases of a hypothetical moon devised by an Athenian astronomer in 432BC. The adoption of this method was part of the calendar reforms introduced by Pope Gregory in 1582 (which Britain resisted until 1752).

The calculations are not even based on the phases of the real moon because this would create variations of up to a lunar month between those Christian countries in the northern hemisphere, such as Great Britain, and those in the southern hemisphere, such as Australia and New Zealand.

Instead, tables based on a 'paper' moon are used to establish Easter as the Sunday after the first full moon that falls on or after 21 March. This is further complicated by the hypothetical 'paper' moon consisting of 29 and 30 days alternately.

As if this were not enough, certain adjustments are added to align the 'paper' moon more closely to the real moon.

Objections to this time-tinkering have grown louder in the modern world of the internet, cyberspace and split-second atomic timing. No household or business could be run successfully under such a haphazard arrangement.

Yet representations to the government have received a stock reply: 'Although the date of Easter has been discussed in recent years by the churches in this country and abroad, we understand that for the present the churches are unlikely to agree on the dates provided for in the 1928 Act.'

It would not be quite so bad if the placing of Easter affected only a single day but Easter relates to the whole period from Shrove Tuesday to Whit Sunday - just over 13 weeks, or a quarter of the year. A fixed Easter would also fix the other religious festivals associated with it.

One reason suggested for the failure to change is that the General Synod of the Church of England does not want to tackle another contentious issue so soon after approving the ordination of women.

The rarest date for Easter Day is 22 March, which last occurred in 1828. Under the present 'paper' moon calculations it will do so again in 2285.

Shall we still be asking why?



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GUPTASONS

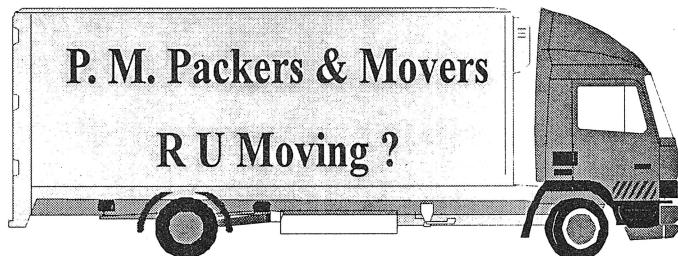
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Parmod Puri	9810009008
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Website : www.packersindia.com • www.pmpackers.com



A child's view of marriage

You got to find somebody who likes the same stuff. Like, if you like sports, she should like it that you like sports, and she should keep the chips and dip coming. - Alan, age 10



No person really decides before they grow up who they're going to marry. God decides it all, way before, and you get to find out later who you're stuck with. - Kirsten, age 10

WHAT IS THE RIGHT AGE TO GET MARRIED?

Twenty-three is the best age, because you know the person FOREVER by then. - Camille, age 10

No age is good to get married at. You got to be a fool to get married. Freddie, age 6

HOW CAN A STRANGER TELL IF TWO PEOPLE ARE MARRIED?

You might have to guess, based on whether they seem to be yelling at the same kids. - Derrick, age 8

WHAT DO YOU THINK YOUR MUM AND DAD HAVE IN COMMON?

Both don't want any more kids. - Lori, age 8

WHAT DO MOST PEOPLE DO ON A DATE?

Dates are for having fun, and people should use them to get to know each other. Even boys have something to say if you listen long enough. Lynnette, age 8

On the first date, they just tell each other lies, and that usually gets them interested enough to go for a second date. - Martin, age 10

WHAT WOULD YOU DO ON A FIRST DATE THAT WAS TURNING SOUR?

I'd run home and play dead. The next day I would call all the newspapers, and make sure they wrote about me in all the dead columns. - Craig, age 9

WHEN IS IT OKAY TO KISS SOMEONE?

When they're rich. - Pam, age 7

The law says you have to be eighteen, so I wouldn't want to mess with that. - Curt, age 7

The rule goes like this: If you kiss someone, then you should marry them and have kids with them. It's the right thing to do. - Howard, age 8

IS IT BETTER TO BE SINGLE OR MARRIED?

It's better for girls to be single but not for boys. Boys need someone to clean up after them. - Anita, age 9

HOW WOULD THE WORLD BE DIFFERENT IF PEOPLE DIDN'T GET MARRIED?

There sure would be a lot of kids to explain, wouldn't there? - Kelvin, age 8

HOW WOULD YOU MAKE A MARRIAGE WORK? (This is the best answer!)

Tell your wife that she looks pretty, even if she looks like a truck. Ricky, age 10

Contributed by J Grant

LIVE FOR GUJARAT

With support from Delhi Network, The Grand Hyatt Delhi, The Hyatt Regency, The Park Royal, GlaxoSmithKline, Alfa Laval and The Malt Company (India) Ltd a benefit concert was held at the Grand Hyatt Hotel (Terrace) on Sunday 4th March to raise money for The Red Cross Gujarat earthquake appeal.

The bands were Vancouver based CRUSH, currently performing at Djinns' Hyatt Regency, Montreal based GROOVE ADDICTION, currently performing at Float, Park Royal and Mumbai based TAAN-TRIKZ, currently performing at Pizza Express. Special DJ Rummy hosted tunes between the bands. There were games and contests for the children whilst the adults were free to enjoy the music.

This was a concert for all the family. Donor Cards were priced at Rs 500/- per person, children 12 years and under had free admission. Food and beverages were available at extra charge. "Live For Gujarat 2001" T-shirts were sold at Rs200/-.

It was a beautiful sunny afternoon, and approximately 200 of you plus children joined us to give a deeply needed hand to the victims of the Gujarat earthquake. The concert raised Rs 1.28 lakh (after taxes) for The Red Cross Fund.

Special thanks must go to Tony Abiad, manager of The Crush Band, and Leya Lambert for their endless energy and enthusiasm in making the concert such a success. Thanks also to the members of The Crush Band, Groove Addiction, Taan-Trikz and DJ Rummy for their generosity in making time to be there and for giving us great music that we will never forget.

Bridget Edwards

Eleanor Roosevelt wrote:

Many people will walk in and out of your life,
But only true friends will leave footprints in your heart.
To handle yourself, use your head;
To handle others, use your heart.
Anger is only one letter short of danger.
If someone betrays once, it is his fault;
If he betrays you twice, it is your fault
Great minds discuss ideas;
Average minds discuss events;
Small minds discuss people.
He who loses money, loses much;
He who loses a friend, loses much more;
He who loses faith, loses all.
Beautiful young people are accidents of nature,
But beautiful old people are works of art.
Learn from the mistakes of others.
You can't live long enough to make them all yourself.

If, like me you are a coffee addict,
you might like to take a note of the
following "Barista" outlets.
They do a good range of coffees,
and snacks



1. 55 Basabt Lok - Vasant Vihar
2. Planet 'M' 3rd floor South Extension
3. 25 Central Market Pujabi Bagh
4. N-6 Greater Kailash J Market
5. Sirifort Sports Complex
6. 16, Community Centre New Friends Colony
7. C-17 Safdarjung Development Area (opposite I.I.T. Gate)
8. S-32-A Green Park Market.

Gurgaon

Arcus Palm Court Building, (opposite M.D.I.)
D.L.F. Central Arcade.

Bridget Edwards

Something to do

Aerobics

Mandy Dakin has been teaching aerobics for the last 10 years. Trained in London, she spent the last 7 years teaching a variety of classes in a large chain of gyms based in 'the city' of London. Her aim is to make fitness fun and accessible to all. She is now teaching at the following times and venues

Mondays at ACSA 6 – 7 pm
(Aqua Aerobics)

Tuesdays at ACSA 9 – 10 am
Wednesdays ACSA 6—7 pm

(Aqua Aerobics)

Tuesdays at the British High Commission 6.15 – 7.15 pm

Thursdays at ACSA 9 – 10 am

Thursdays at the British High Commission 6.15 – 7.15 pm

All classes are a mixture of mainly low impact and high impact moves followed by toning for the legs, abdominal, butt and upper body.

Tuesday evening's class at the BHC is body conditioning only.

For further information call Mandy on 614-5818. Please bring water and a mat to the class.

Margaret Kovac will be teaching Aqua Fitness

Monday – Friday 9 am – 10 am

Monday and Wednesday 6 pm – 7 pm
(Excluding Holidays)

Open to New Delhi Expatriate Community.

Cost Rs 100 ACSA Members,
Rps 150 Non Members

For security reasons non-members names have to be on a list at the ACSA gate – Phone Margaret Kovac at 6888223 ext. 226.



Adult Education

The American Embassy School offers evening courses.

Contact the school for current programme/fees. Tel: 611-7140 or 611-7146.

Spring session: Feb./March.

Fall session: September

Bridge

Ex-pat Bridge Group that meets on Mondays is looking for keen bridge players to join:

Call: Lynn Baynman 6877489

Rekha Sarin 684 0964

Annette O'Silva 506 4512



Babies and Toddlers

To all Mums – feeling lonely, need a chat, or the kids are driving you up the wall? Call for social meetings for Mums and little kids, Ingrid Crookshanks on 98110 93622 or Manju Isaacs 649-1397.

Delhi Christian

Fellowship

Every Sunday at 9 am there is a church service at the Hyatt Regency Hotel with a Sunday School for children during the service plus bible study and a youth group.

French Lessons

By a French national and graduate of Sorbonne-Paris University. Beginners or advanced levels. Call Anne Chaymotty-Devayani on 463- 6772, fax 463-3404

French speaking

Groupe Francophone de Delhi. All French speakers welcome (whatever your nationality, whatever your level). This group runs an extensive range of cultural events, tours, lectures and get-togethers. Call Hélène Cazalet on 464-3682.

German Conversation

Group

If you like speaking German, (any level) and want to keep up or deepen your knowledge, please join us. We meet every 2nd Monday at 3 pm. For information call Karin Weselscheid on 612-3405 or Brunhilde Gupta on 696-2708.

Glow

The Global League of Women is an organisation which promotes international friendships and understanding of different cultures. Call Serita Kakar 461-9627 for details.

Hindi Lessons

Chaya Bhattacharya is a qualified tutor and is also willing to teach on the Bhagvad Gita. Call 462- 4704.



Indian Cookery

Amita Khosla will teach you how to produce authentic Indian meals using ingredients available in the West. Call 469-2544 mornings.

Mah-Jong and Canasta Classes

Lessons with Risham Chawla, 2-4pm on Wednesdays at N-21 Panchshila Park. Costs Rs 250 per session for a four-session course. Proceeds go to charity. Call 649-7025.

Naviyoti-Delhi Police Foundation

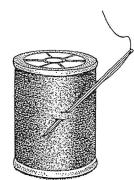
Runs a school and nursery in a slum area at Yamuna Pushta. Volunteer nurses, health and nursery workers are needed. For more information please contact Pamela Anderson on 410 3873

Needlenuts

Group meets Thursday 10.00-12.00 in different homes each week. Come and go as you please, work on what you like. Call Lynn Moss on 621-5065

Newcomers

Every Tuesday, 10-12 am, in Boardroom 2 at the Hyatt, to the right of the Ballroom, for an informative get-together over coffee and cakes. Oldies are also welcome to share their experiences.



Patchwork & Quilting

Group

Meets every Monday morning, 10 am to 12 mid-day. Beginners welcome! Contact Phil Thomas on 506-5569.

Piano

Lessons

American concert pianist Roberta Swedien has 28 years teaching experience and is giving lessons in her Defence Colony music studio. These lessons can include music history, theory, composition, form and analysis and performance as well as technique and repertoire. For intermediate and advanced students only. Call Roberta for details on 461-0918.

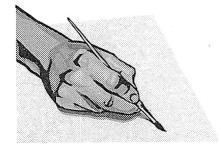


Tushita Meditation Centre

Women's spiritual development group, which meets every Wednesday at 10.30 am. They organise healing workshops on yoga, Reiki, tai-chi, etc. Teaching by Buddhist lama. Call Renuka Singh on 651- 8248 for details.

Scottish Country Dancing

Thursdays 8 pm in the British High Commission hall. Don't worry if you have two left feet! Contact Maureen Sachdev 463-3658 Ext. 207



Silk

Painting

An introduction to silk painting. Learn the basic techniques using water based paint. Minimum time needed would be five mornings only. Instruction can be given in French, Dutch or English. If interested, please call Sylvie Kuenzi, phone 463-3644.

Spanish Lessons

Instituto Hispania offers classes in Spanish language, following a communicative methodology derived as a result of extensive number of studies in the field of teaching Spanish as a foreign language. The teachers are Spanish nationals as well as postgraduates from leading Indian and Spanish universities. Y-10 Green Park, behind McDonalds, phone 696-8016, 8043

UNITED Nations Women's Association

Offers a varied programme of informative and social activities, and supports a kindergarten for under-privileged children. For details call Nala on 615 3804 or Violetta on 696 4637

Yoga

User Friendly Hatha Yoga Mansoor and Susie Roy teach at Tushita Buddist Centre.

Mansoor is an International teacher with many years of experience in guiding students both in the practice of Yoga and meditation.

Both Mansoor and Susie teach the tradition of Swami Sivananda and Swami Vishnudevananda.

Private and group classes can be arranged.

Please call Susie Roy 4652581



MOVING HOUSE?

DO YOU NEED SOMEONE TO HELP GET RID OF YOUR GOODS - QUICKLY?
MR. PAHWA has been working with embassies and foreigners
for over 10 years

*He carried out the sale of my goods at the end
of the posting in a very efficient and timely
manner.*

Gillian Mellsop
(First Secretary (DC)
Australian High Commission.

*Mr Pahwa has lived up to my highest
expectations and I am fully satisfied with his
services and efficiency. He has also
managed to get very good prices in the sale.*

Lars P Lundgren
CT International AB

*"He did a thorough and efficient job and as
things turned out, he was able to get more
money for us than we could have done
ourselves. Please feel free to use his
services as we highly recommend him. If you
would like to question me further, please write
to me at
sharonb@poboxes.com"*

Sharon Bloyer, IT Manager, American
Embassy School



Phone us on 689-5537, 689-9371, 98102-58658

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Geisha

A Japanese Tradition



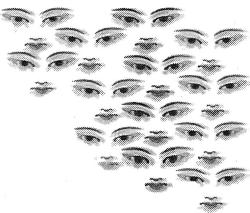
A Described as a "century old professional entertainer" the geisha is an important part of traditional Japanese social life. Usually circulating their services in the higher classes exclusively, these women are extensively trained in many of the traditional Japanese arts. Her grace is exceptional, her charm, exquisite. These women are professional hostesses in an exotic variation.

The earliest geishas were men, but by the 18th century women dominated the trade. Young girls may start training before reaching puberty. At age 17 they begin living in a maiko house young novice geishas called learn the arts needful to their trade. Only women who are at the top of their group and pass a rigorous exam actually become geisha.

Geisha Literally translated, geisha means "Beauty Person" or "Person who lives by the arts", and that they do. Geisha are masters in the arts; trained in music, calligraphy, Sado (tea ceremony) poetry, conversation and social graces as well as a three stringed instrument called a Shamisen (see right) They dress in traditional kimonos, gorgeous in their elegance. Simple wooden geta clogs are worn for footwear, and hair is up in coiffures adorned with metallic accessories.



The makeup of centuries is a white foundation; lips are painted a stark red. For the younger girl, only the upper lip is painted. For extra sensual appeal, a red streak is painted at the nape of the neck, for the more neck you show, the more risqué your costume.



Once the geisha were the trendsetters of fashion and taste, now with Japan's modernizing their role has been less prevalent. During the 1940s, geisha entertainment was outlawed and many were forced into factory and industry labour. The late 1970s saw geisha numbers drop to around 17,000. Today they number fewer than a thousand found mostly in Kyoto. Many Japanese businessmen find the company of modern hostesses and barmaids much more comfortable. While those who would appreciate fully the artistry of her talents are long gone, her honour to uphold the customs will remain as long as there are Geisha to serve and learn these ancient arts.

The late 1970s saw geisha numbers drop to around 17,000. Today they number fewer than a thousand found mostly in Kyoto. Many Japanese businessmen find the company of modern hostesses and barmaids much more comfortable. While those who would appreciate fully the artistry of her talents are long gone, her honour to uphold the customs will remain as long as there are Geisha to serve and learn these ancient arts.

Researched on the Internet. KP



DELICIOUS THAI FOOD

Thai food is becoming more and more popular internationally, gaining recognition as one of the world's great cuisine, because it's delicious, wholesome and easy to cook.



CHICKEN, PORK, SHRIMP SOUP

Ingredients:

$\frac{1}{2}$ cup chicken, $\frac{1}{2}$ cup shrimps
 $\frac{1}{2}$ cup pork (Jor Bagh Market)
1 Chinese radish
1 carrot
 $\frac{1}{4}$ tsp. ground pepper
2 tbsp. soy sauce or fish sauce
5 cups soup stock
Coriander and spring onion

Directions:

1. Slice chicken and pork into small pieces.
2. Wash and peel the radish and carrot, cut channels down the length, then cut into $\frac{1}{4}$ inch thick slices.

Heat soup stock, add radish and carrot, soy sauce of fish sauce, cook over low heat until tender, then add pork, chicken and shrimps, boil and season to taste. When done add a little sliced spring onion. Put into a serving bowl, sprinkle with pepper and coriander.

CHICKEN FRIED RICE WITH BASIL

Ingredients:

2- $\frac{1}{2}$ cup cooked rice
200 grams ground chicken
 $\frac{1}{2}$ cup basil leaves
3 red chillies and 1 green
1 tbsp. garlic
1 tsp. sugar and fish sauce
3 tbsp. cooking oil
 $\frac{1}{2}$ cup oil (for frying the basil leaves)
1 boiled salt egg (optional)

1. Heat the $\frac{1}{2}$ cup of oil and put in the basil leaves, fry until crisp, remove from the oil and set aside to drain.
2. Pound the red chillies and the garlic together until well ground. Cut the green chilly diagonally to thin slices.

3. Heat 3 tbsp. of oil in a wok or pan and stir fry the garlic-chillies mixture until fragrant; then put the chicken in and stir fry, seasoning with the fish sauce and sugar. Next, add the rice and continue stir-frying.
4. When the rice is about done, add the sliced green chilly and mix thoroughly.
5. Place the fried basil leaves on a plate, dip the fried rice onto the leaves and serve with salted egg.

MATSAMAN CURRY BEEF

Ingredients

500 grams beef (or lamb/pork)
3 cups coconut milk 5 peeled small onions
5 small potatoes boiled and peeled
2 tbsp. roasted peanuts 5 roasted cardamom,
1 roasted cinnamon (1 cm)
3 tbsp. sugar,
3 bay leaves
3 tbsp. tamarind juice or 2 tbsp. limejuice
3 tbsp. Limejuice, 3 tbsp. fish sauce

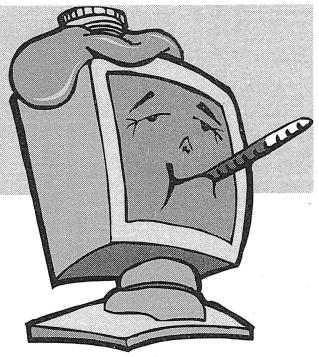
Directions,

1. Cut beef into 2 inch chunks.
2. Skim off 1 cup coconut cream to be used in cooking spice mixture. Place the remaining coconut milk in a pot with the beef and simmer until tender.
3. Heat coconut cream in a frying pan until oil appears on surface, then add the curry paste and cook until fragrant. Spoon into the pat with the meat and add the peanuts. Taste and adjust the flavour so it's sweet, salty and sour by adding tamarind juice, sugar, fish sauce and limejuice. Add bay leaves, cardamom, cinnamon, potatoes, onion and simmer until tender.
4. Serve with rice and boiled salted eggs.

For the dessert, serve a seasonal fruit platter!

Contributed by: Sandra Fruhstuck

COMPUTER PAGE.



Q:

Why does the monitor go black after about 15 minutes of not using the computer?

A:

Windows has a Power Management setting that will shut the monitor off after a specified amount of time. If you don't like it shutting the monitor off, change it by doing the following:

1. Hit the Start button, Settings, Control Panel. Then open the Power Management icon.
2. Look for the "Turn off monitor" drop box (it's towards the bottom). Select the amount of time you want the computer to wait before shutting off the monitor, or tell it not to shut the monitor off at all.

Q:

What's a motherboard?

A:

A motherboard, or main board, is the main circuit board for the computer. All other boards plug into it (sounds cards, video cards, modems, etc). In addition, the CPU and memory normally sit directly on it. Some newer mother boards have many of the items listed previously built right into them.

Q:

How do I set my computer's clock?

A:

To set the time, just double-click the clock in the system tray (the system tray is located on your taskbar, opposite the Start button). A "clock screen" will be displayed. You'll see a box under an analog-looking clock where you can click on the hour, minute, or second.

Either type in the correct time or use the little up and down arrows to do so. That's it

Notice Board

Dear Ladies,

If you are leaving Delhi soon, please advise your staff to submit letters of reference well in advance of your departure, as our office must verify them with you before we can include them in the worker's file or register a new applicant. It would be helpful to provide your international email address.

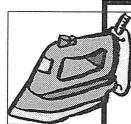
***Reference letters should include:**

- Current date
- Contact number and/or email address where you might be contacted later
- Worker's full name (refer to ID card) and DSR file number, if already registered
- Dates of service (**must be at least 12 months for new registrants**)
- Duties and performance
- Why you are dismissing the worker, i.e. leaving India or some problem
- Details of salary and other benefits such as clothing allowance, bonus, quarters, etc.
- Your recommendation as to what the worker might be best suited for, i.e. was you family or home particularly large; the worker's personal abilities to get along with other staff or communicate effectively, etc.

Some of you may not wish to give your employee a glowing recommendation, in which case we urge you to consider writing directly to us regarding any of your staff so that our files, which are confidential, will contain only accurate information. We want to know about good and bad experiences, in order to keep future expatriates well informed.

Domestic Staff Registry (419-8509)

c/o CLO at American Embassy



Looking for a Dhobi.

Call Janet, 506-479 and she'll pass
your name and address on to him

You won't need to send out your husbands shirts again

SO TRUE, BUT SO FUNNY

MALE PROCEDURE

1. Drive up to the ATM machine.
2. Wind down your car window.
3. Insert card into machine and enter PIN
4. Enter amount of cash required.
5. Retrieve card, cash and receipt.
6. Wind up window.
7. Drive off.

FEMALE PROCEDURE

1. Drive up to the ATM machine.
2. Reverse back the required amount to align car window with machine.
3. Re-start stalled engine.
4. Wind down the window.
5. Find handbag
6. Remove all the contents of handbag onto the passenger seat and locate card.
7. Attempt to insert card in machine.

8. Open car door and lean across the gap in order to access machine.
9. Insert card.
10. Remove card and insert right way up.
11. Rummage through handbag contents on passenger seat to locate diary.
12. Enter PIN
13. Press cancel and re-enter correct PIN
14. Enter amount of cash required.
15. Retrieve cash and receipt.
16. Locate purse and place cash in the appropriate section.
17. Place receipt in back of chequebook.
18. Return all handbag contents to handbag.
19. Check hair in rear view mirror.
20. Drive forward 2 metres.
21. Reverse back to cash machine.
22. Retrieve card.
23. Re-enter handbag, locate cardholder, place card into slot provided.
24. Re-start stalled engine and pull away.
25. Drive for one to two miles.
26. Release handbrake.



Photo: S. Ramaswamy

The Black that Glitters

"Black gold" is the name by which a familiar Indian commodity has come to be known during the last few years. It earned India Rs 200 million last year

There was a premium on not coming in for lunch as soon as one is called in from the playing ground. It is invariably the third call that will come with a promise that would make the meal a feast. "Come I will give you *mulagu oorga* (green pepper pickles)" my grandmother would call. Visions of that delicate bunch of green pepper freshly immersed in brine and lemon juice would make any more play impossible. Tiny small seeds packing into them all the sharpness of the world would explode in the mouth to open new vistas of insatiable desire for the palate. At that time I did not realise I could be proud of pepper and not just in love with it. The 'king of spices', pepper has ruled the trade of India since eons. The trade in pepper dates back to several centuries before Christ. Malabar was the only region known to have supplied it to the whole world until about the 19th century when Malaysia stepped in and almost robbed Malabar of its livelihood

Before World War II, Indonesia was the largest supplier of pepper to world, Malabar second. Large-scale destruction by the Japanese during the war and political disorders since the war have brought back the honours to India.

The tiny sharp peppercorn, called *Piper nigrum* in botanical language, was very popular and quite a favourite though Pliny, the historian-traveller, wondered how something so ordinary as pepper could become so ubiquitous. It is said that early in the 5th century AD, Rome was besieged by Alaric, the king of Visigoths. The Romans did not know what to do. They requested, beseeched and prayed that their city should not be destroyed. The conquering king did not agree. Finally, someone came up with a fantastic idea. The king was offered 3000 pounds of pepper.

In the 12th century AD, a Peppers Guild was set up in England. They were among the wealthiest merchants. Pepper was selling at the same price as gold and silver, and there was a time when common people could not access it. Pepper is cultivated all along the west coast in India. Every home has a few vines of pepper, and on a commercial scale, it is grown on the foothills of the Western Ghats. The common man seasons his bread through the few vines that grow in his backyard. West coast has an ideal climate for the cultivation of pepper.

There is an interesting tale in this connection. A Zamorin of Calicut was angry with his minister Mangat Achan because the latter had given away Pepper vines to the Portuguese. On being questioned, Mangat replied that the Portuguese had only taken vine cuttings with them and not the *Thiruvathira jnatuvela* or the vitalising effect of the monsoons.

Nowhere in the world is green pepper pickled like my grandmother did. Others use it to add taste to meat. A little over half the American consumption of pepper goes to the meat industry for curing and preservation of meats, 3/8ths is bought by the housewives and the remaining 1/8th by the restaurants. No effective substitute is reported to be available for pepper in the meat industry.

My grandmother not only made pickles with the raw fresh ones, she also used them for their medicinal properties. She made a fantastic kasayam with jaggety which prevented common cold and coughs. She ground it with cumin seeds and made a drink that was

extremely digestive. It is this drink called *rasam* in south, that has earned the name *Mulligatawny* soup from the colonial rulers.

Growing Tall

Pepper is the berry of a creeping vine, which is indigenous to South India, Ceylon and Malaya, and is cultivated extensively in Indonesia, Sarawak, Borneo, Siam and Indo-China. The main centres of cultivation in India are situated in and below the Western Ghats from Karwar (North Kanara) to Cape Comrin (Travancore), comprising the districts of North Kanara, South Kanara, Malabar, Cochin, Travancore, Mysore and Coorg. The vines flower in May-June and the berries are harvested in December-February. Under normal conditions, the vines begin to bear in the third year and go on increasing in yield up to about 10 years when they reach the maximum. The yield varies from 5-12 pounds a year to just about a pound in one bad year. There are four main varieties with a few sub-varieties, the main being *Kalluvalli*, *Balankotta*, *Cherikotti* and *Uthirankota*. *Kalluvalli* is said to be the best yielder. *Balankoffa* comes second.

ARE YOU A SLAVE TO
FASHION?
WELL THIS IS WHAT IS
WAITING FOR YOU
THIS SEASON

DESERT STORM

Designers are complementing the feminine force in music and movies: military chic is here. Fall in, says Fashion Editor Hilary Alexander

WHEN the going gets tough, the tough get going. And it couldn't get much tougher than it is right now. The airwaves are thumping out female anthems: Kandi's Don't Think I'm Not, Destiny's Child's Independent Women and Love Don't Cost a Thing from Jennifer Lopez. The movies have embraced feminine force. On the heels of Charlie's Angels comes Angelina Jolie as Lara Croft in *Tank Girl*, Jodie Foster in the action thriller *The Panic Room*, Rebecca Romjin-Stamos in a remake of *Rollerball*.

Strong and independent women? You'd better believe it. It's hardly surprising that fashion has heeded this call to arms and invested heavily in military chic. The look this season is eclectically powerful, taking inspiration from all of the Armed Forces. Gucci's Tom Ford has turned the officer's jacket and combat pants into the new trouser suit. Air Force blues and West Point cadets inspire New York's avant-gardist Miguel Adrover. Camouflage provides the counterpoint to uniform tailoring in olive, khaki and navy. John Galliano has created the ultimate urban jungle camouflage uniform for Christian Dior. Giles Deacon for Bottega Veneta and Matthew Williamson both explore the camouflage theme in Day-Glo brights and pastels.

How you enlist is a matter of taste. You can dress in full fig a la Gucci, with a flesh-toned corset underneath to show that you're not as tough as you look. You can pay lip service to military mode with colour: olive or khaki separates with brown leather accessories, for example. Or sling an "armed and dangerous" T-shirt under your everyday jacket and wear your jeans with a pair of camo-print boots. If you can't face the military style for work, save it for your holidays. The latest look on the high street is everything from flip-flops to beach towels in camouflage.



Cats lead way as wider pet scheme takes effect

By David Brown, Agriculture Editor



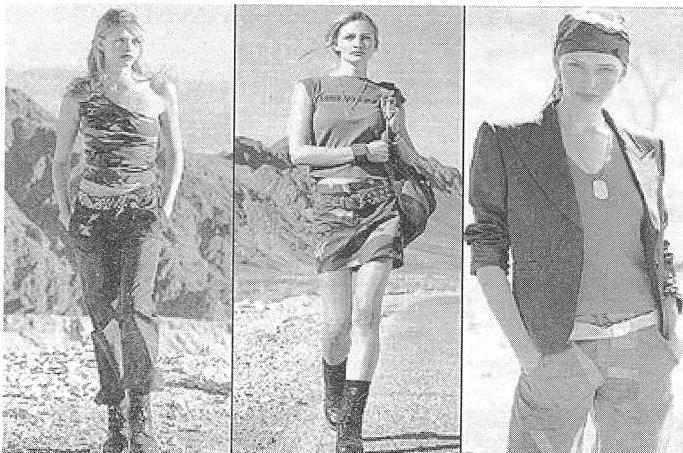
FERGIE and Misty, two cats owned by the wife of a civilian maintenance worker for the Ministry of Defence in Cyprus, were the first animals admitted to Britain under the Government's extended "pet passport" scheme which has now come into effect.

Cyprus is among 28 rabies-free islands added to the original Pet Travel Scheme which replaced quarantine arrangements 11 months ago for dogs and cats entering Britain from 22 European countries.

The animals must be vaccinated against rabies, fitted with micro-chips, treated for parasites and accompanied by relevant "passport" documents.

Under the old arrangements Fergie and Misty would have spent six months in quarantine as a precaution against rabies. Other islands included in the expanded Pet Travel Scheme are: Antigua and Barbuda, Ascension Island, Australia, Barbados, Bermuda, Cayman Islands, the Falkland Islands, Fiji, French Polynesia, Guadeloupe, Hawaii, Jamaica, Japan, La Réunion, Malta, Martinique, Mauritius, Mayotte, Montserrat, New Caledonia, New Zealand, St Helena, St Kitts and Nevis, St Vincent, Singapore, Vanuatu, Wallis and Futuna.

The extended scheme was welcomed by the pressure group Passports for Pets which won a campaign to reform Britain's strict quarantine controls. About 15,000 cats and dogs have been allowed into Britain under the "pet passport" scheme since it was introduced on a trial basis on Feb 28 last year. However, vets have expressed worries that the "pilot" scheme is being expanded too rapidly.



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SPORTS



Delhi Hash House Harriers

Regular runs on Monday evenings and Saturday afternoons. Family runs on some Sundays. Call the Community Liaison Officer (CLO) at the British High Commission on 687-2161



Ballooning

Ballooning Club of India, 8B Bahadur Shah Zafar Marg, 331-7977.



Bowling

Facilities at Qutab Hotel, Little Paradise (12/7 Mathura Road, Faridabad), Bawa Sports Complex (Kishangarh, Mehrauli), Leisure Bowl (Aruna Asaf Ali Marg, Vasant Kunj); and First Bowl at 32nd Milestone Complex (Delhi-Jaipur Bypass, Gurgaon).

Delhi Tourism (3314229) provides facilities for:



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Amar Jeet Singh 336-5358, 336-3607
Adventure Tourism



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Old Fort moat, India Gate moat 9 am to 6 pm. Rs. 40 per half-hour.

(Rock climbing— September to December)



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Martial Arts Instructor
Amit Bhargava
Tel: 6495322
Pager: 9632112440
Mobile: 9810248875



Shooting

Dr Karni Singh Shooting Range,
Surajkund Road, Tel: 698-6802



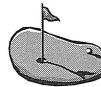
Football

Various embassies have joined together to form a soccer competition. Contact your Embassies for details.



Gliding

Daily rides from 1 pm til sunset every day except Wednesdays. At Delhi Gliding Club, Safdarjung Airport (phone 463-8052). Cost of flight per person Rs. 75.



Golf

Delhi Golf Club
Dr Zakir Hussain Marg, tel. 436-2768 or 436-2235



Polo

Army Polo & Riding Club, Tel: 569-9444/555
The Indian Polo Association,
Tel: 301-5604
Polo Season: October-February



Ladies Open Tennis at AES

Every Tuesday and Thursday morning from 8.30-11.30 at the American Embassy clay courts (entry Gate 3). No need to call first. If you know how to play, just turn up with your racket, ready to enjoy the game and the company. Players at all levels (other than absolute beginners) are most welcome. Lessons for beginners are available through the DLTA (details given below). Get started and then come along too!

Delhi Lawn Tennis Association, Africa Avenue, Telephone 617-6140 or 619-3955



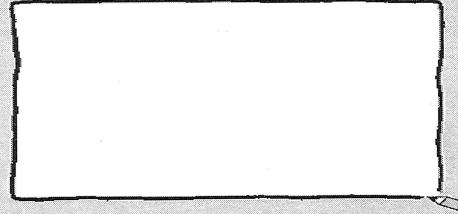
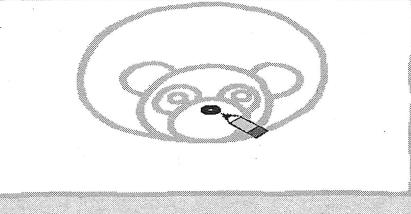
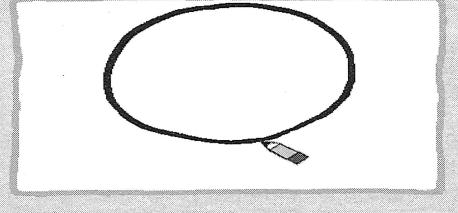
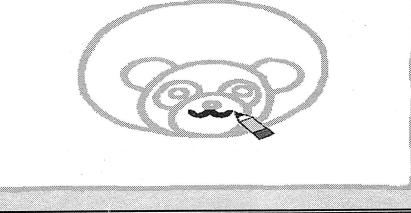
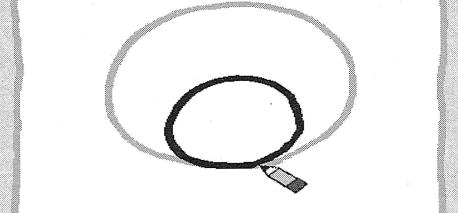
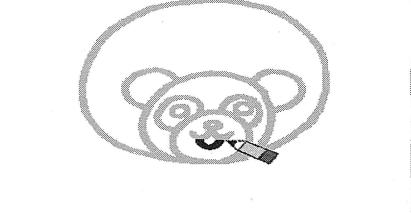
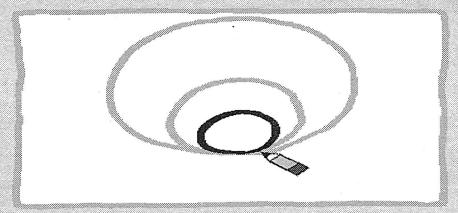
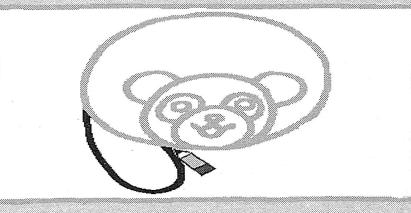
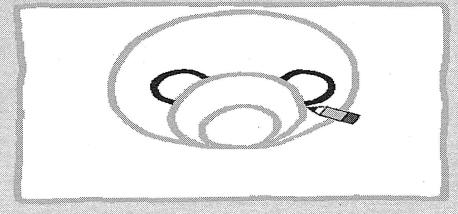
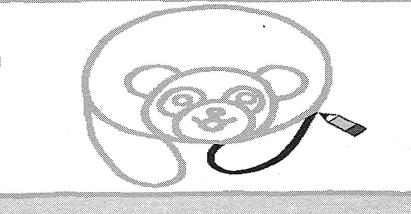
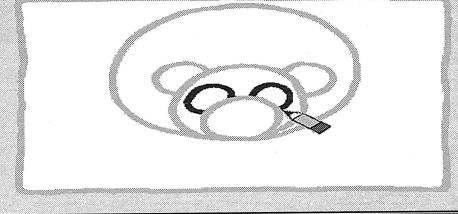
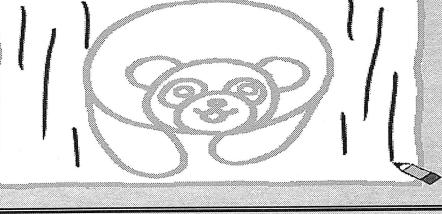
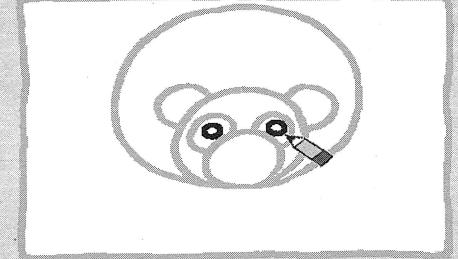
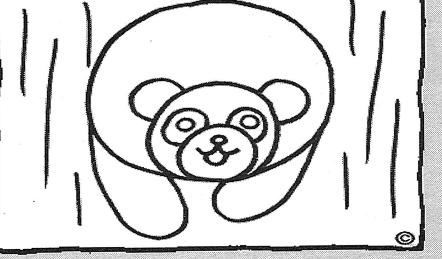
Sailing

Defence Services Sailing Club,
Tel: 301-9604

Help us keep the Newsletter up to date. Let us know if you discover any new activities to add or items to change if they are out of date. Drop your comments off at the Delhi Network Office or call one of the Editors.

HOW TO DRAW A PANDA



STEP 1 FIRST DRAW A CARTOONY BOX LIKE THIS TO SHOW OFF YOUR CARTOONY  NEXT  HOME		STEP 8 DRAW A SMALL CIRCLE RIGHT HERE FOR HIS NOSE  NEXT  HOME	
STEP 2 CAREFULLY DRAW A LARGE CIRCLE IN THIS AREA FOR YOUR PANDA'S BODY  NEXT  HOME		STEP 9 ADD A LETTER "W" FOR HIS LIPS  NEXT  HOME	
STEP 3 DRAW ANOTHER CIRCLE ABOUT HALF THAT SIZE FOR HIS HEAD  NEXT  HOME		STEP 10 DRAW A LETTER "U" UNDER THE LIPS FOR HIS TONGUE  NEXT  HOME	
STEP 4 AND ANOTHER CIRCLE ABOUT HALF THE SIZE OF HIS HEAD FOR HIS SNOUT  NEXT  HOME		STEP 11 DRAW A LONG LETTER "U" FOR ONE FOOT  NEXT  HOME	
STEP 5 DRAW TWO HALF CIRCLES FOR HIS EARS  NEXT  HOME		STEP 12 AND A SHORTER LETTER "U" FOR THE OTHER FOOT  NEXT  HOME	
STEP 6 AND TWO MORE HALF CIRCLES RIGHT HERE  NEXT  HOME		STEP 13 DRAW A FEW LINES FOR THE BAMBOO PANDAS LOVE TO EAT BAMBOO WHEN THEY'RE NOT SLEEPING  NEXT  HOME	
STEP 7 ADD TWO LITTLE CIRCLES FOR YOUR PANDA'S BEAUTIFUL EYES  NEXT  HOME		STEP 14 NOW YOU ARE READY TO COLOUR YOUR BEAUTIFUL PANDA  NEXT  HOME	

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For further enquiries, please contact:

Raymond Wasser
Tel: 687-3133
Mob: 9810092272

C HICKEN

MESH - Maximizing Employment to Serve the Handicapped - is an organisation responsible for marketing products made by disabled people in India. MESH can deliver fresh chickens to your home. Especially good for roasting, the chickens are raised in animal friendly conditions to International standards. For more details, or to place an order call 696-5039 or 656-8048

D OMESTIC STAFF REGISTRY

Located in the American Embassy compound, Gate D. It is a source in New Delhi to help find household staff, which has experience in foreign households; open to those holding a foreign passport. You can come by:

- for interviews : Wednesday and Friday 9.30 to 12.00 noon (last interview at 11.45 am)
- for registration : Thursday 9.30 to 12.00 noon (last documents accepted at 10.30 am).

Call for further details or with questions on 419-8000, ext. 413. Need help writing a reference letter - come see us too. We're also looking for expat volunteers to staff the Registry who have had experience with staff themselves and can give good advice.

F OOD AND DRINK

Kingsbarn is a leading name in the UK for exports of top quality goods and services to embassies and expatriates. For further details, contact Kingsbarn at 649-7025.

F URNITURE

Visit Fusion Design Pvt. Ltd.'s showroom at V 39/24 DLF, Phase III, Gurgaon, Haryana. Please call for an appointment or a visit to your home or office. Fusion Design specializes in traditional and modern European furniture designs in sofas, chairs, dining tables and chairs, beds, mattresses, cabinets, desks and so on. Special orders will also be undertaken at your request. Call Rhonda Williams on 9810194512 or email fusion_design@compuserve.com for an appointment.

J EWELLERY

Risham Chawla makes unique jewellery either to your design or hers with semiprecious stones, glass, ceramic and silver beads and finished with good quality fittings. Call Risham for details at 649-7025.

P ET CLINIC

5:00-7:00 pm, 2nd Sunday of every month. Local veterinarians are available for check-ups and vaccinations at the Domestic Help Registry at the American Embassy Compound, Gate D. Open to all expats in Delhi. Contact Karen Wald at 419-8331 (O) and 614-3719 (H) and Judy Nay on 461-1911. Some pet items are available

P HYSIOTHERAPIST

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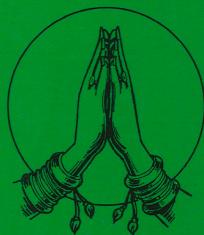
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